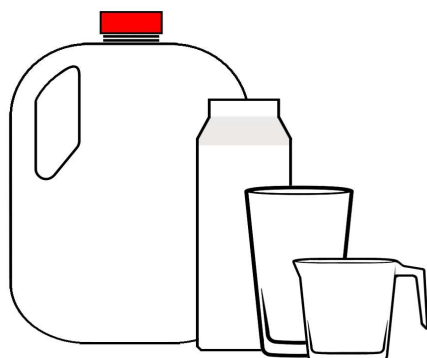


Quick Reference Guide

Volume Measurement Conversion Chart



Liquid Ingredients

Gallon	1	3/4	2/3	1/2	1/3	1/4	1/8	1/16	1/128
Quart	4	3	2-3/3	2	1-1/3	1	1/2	1/4	1/32
Pint	8	6	5-1/3	4	2-2/3	2	1	1/2	1/16
Cup	16	12	10-2/3	8	5-1/3	4	2	1	1/8
Fl. Oz.	128	96	85.34	64	4.34	32	16	8	1

Dry Ingredients & Small Amounts of Liquid

Cup	1	3/4	2/3	1/2	1/3	1/4	1/8	1/16	1/48	1/96	1/192
Oz.*	8	6	5	4	3	2	1	0.5	0.17	0.08	0.04
Tbsp.	16	12	10-2/3	8	5-1/3	4	2	1	1/3	1/6	1/12
Tsp.	48	36	32	24	16	12	6	3	1	1/2	1/4

*Oz. may vary based on density of ingredients

